

1 Color therapy consists of two methods; the Oriental medical methods and Color therapy.

### 1. The Oriental medical method based on of Meridian, Jingluo

The Oriental medical method is based on of Meridian, Jingluo At first, the examiner needs to put one of the searching bars on Báifui, the tip of the middle finger, and then tests by so called O-Ring, Power test, Finger test, and so on. If the O-Ring ( the "OK" sign made by the thumb and index finger ) opens, it shows that the Meridian, or , Jingluo the streams of energy and pressure point lines on the limbs has some disorders. If the ring stays closed, it means there is no disorder on the Meridian, and you can test with other bars. Next, the examiner should take the bar whose ring opened, and should trace the Meridian with the bar to find the disordered ue, pressure point, or meridian point. When the bar comes to that spot, the O-Ring closes. We must be careful here, because this is an opposite point to a popular Bi-Digital O-Ring test whose O-Ring opens when getting to the disordered spot.

In our O-Ring test, not a direct but indirect diagnosis method is adapted, because we are always cautious about misdiagnosis. In the direct diagnosis method, a patient must make the O-Ring by himself and a doctor must hold a bar directly. Such a direct touch may easily have an influence on the delicate diagnosis if an examiner has a cold, or diarrhea. On the contrary, the direct diagnosis method needs an intermediate between a doctor and a patient. The intermediate puts a bar on the patient's Baifui and makes an O-Ring with his/her another hand. It is less influenced by the examiners' health. That's why we pick the indirect diagnosis. Moreover, both examiners always wear "Life Field Optimizer" to avoid misdiagnosis from an influence of individuals' (examiners') frequencies.

#### 1)

In the approach above, for example, if a patient is suffering from "genicular arthralgia", the O-Ring opens when we test with bars such as "Stomach Meridian", "Tan-Kei", "Boko-Kei", "Jin-Kei", "Kan-Kei", "Hi-Kei", which show the Meridian's name; Stomach Meridian, Gallbladder, Bladder, Kidney, Liver, Spleen, respectively.

The traditional Oriental Medical approach is characterized by Pulse Diagnosis. In spite of Pulse Diagnosis requiring much experienced technique, the method is different from person to person. In addition, it's quite difficult to master this artificial technique. On the other hand, in the method with the searching bars, anybody can get the same result.

Therefore, from the viewpoint of reproducibility and objectivity, the therapy with the searching bars is the definitive diagnosis.

#### 2)

Now let's focus on the relation between Bu and Xie. To examine Bu or Xie , you should put a searching bar on the corresponding Meridian of the patient's limbs. Then, do the O-Ring Test on Baifui with the other searching bars one by one. If the O-Ring opens, the searching bar is the relationship between the ( or Xie) to the bar which was put on the patient's Meridian. And the bar on the patient's Meridian is regarded as Xie ( or Bu ). Let me introduce a specific example. In a case of lumbago, O-Ring showed that "Bladder Meridian" was disordered. After some tests described above, it turned out to be Jīnnēn related to "Shi" and Weizhong related to "Kyo". Then, 555nm laser is focused on "Shenmai" related to "Shi" for ten seconds, and the pain amazingly disappeared.

Now, I'd like to take an example of a patient who suffered from osteoarthritis for twenty years. His condition was dysbasia with pain. O-Ring suggested that "Stomach Meridian", "Kidney Meridian", "Liver Meridian", "Liver Meridian", "Gallbladder Meridian", "Bladder Meridian" were in disorder.

According to the examination concerning " Bu " and " Xie ", Stomach Meridian, Kidney Meridian, and Bladder Meridian were regarded as " Shi ", while Liver Meridian, Liver Meridian, and Gallbladder Meridian are as "Ho", respectively. After the layered colored tapes were applied to "Chongyang""Shuiquan" "Jinmen""Zhongfeng", Gongsun"Zhaohai, a 555nm laser was focused on " Chongyang ", " Shuiquan ", and " Jinmen " as " Shi " for ten seconds. His pain had

gone and he could walk without any pain. The effect was maintained for 15 days. Then an experiment was conducted where a laser was focused on the "Ho" spot. As a result, his pain came back.

This experiment proved that the laser irradiation to the correct " Xie " spot produced a great amount of effect to get rid of the pain. Of course, this therapy is effective in all diseases, and everybody can experience this great effect. And if you only irradiate 555nm laser to " Xie " and apply the layered colored tapes on "Ho", anybody can easily distinguish " Bu " from "Ho" with the searching bars. Besides, a connection by optical fiber between " Xie " and "Ho" turned out to lead to the same effect. But in terms of 670nm-laser irradiation, no effect was seen.

Applying the colored tapes in Color Therapy includes two problems. One problem is that the tapes cause dermatitis for those who have delicate skin.

Another problem is perspiration forces the tapes to come off. Considering that Meridian exists only on the limbs, this method is appropriate for allergy patients, partly because few people have trouble on the limb skin, and partly because more merits are expected such as immediate effect, minimal amounts of tape applied, and short diagnosis time. However, some diseases call for a modern medical view as well.

## 2. Color Therapy

Color Therapy is composed of the combination of modern medical thought and Oriental medicine. For some diseases identified by modern medicine,

Color Therapy is more effective. The amount of colored tape depends on the disease. And it can tell us the same result as the diagnosis from a modern medical viewpoint. For some cryptogenic (unknown) diseases, this therapy works well with the searching bars.

We must not forget here that we should confirm the effect after applying the tape with bars at " Baifui " or other parts on which tape was not applied. In the case of painful diseases, patients can answer whether their pains have gone or not. But in terms of painless diseases, you should confirm with the searching bars. If the O-Ring opens, it shows some more examination is needed, and other disturbances must be sought.

Now, I'll explain to you how to diagnose specifically with O-Ring Method.

### a) Diagnosis without questions to the patients

At first, you should examine the body from head to foot with an "Aura" searching bar, keeping the bar 10cm above the body. If you find the spots where the O-Ring closed, they are regarded as disturbances. You can trace the "Meridian", or, in the modern medical view, you can check the body from top to toe such as the head, the neck, the chest, the abdomen, the genitalia, the thigh, the lower limbs, the back, the lumbar part, the buttocks, and foot, respectively. Then the disturbed parts are supposed to be examined with each bar again and colored tape is to be applied. For example, O-Ring Test shows that the stomach has some trouble. In this case, some factors such as virus infection, gastritis, gastric ulcer, polyp, cancer, are likely. And general physical complaints about the autonomous nervous system should be investigated. Besides, if the patient has heartburn, reflux esophagitis might be possible. All dubious causes should be investigated.

Moreover, a "Ho" and " Xie " examination of disordered "Meridian" and applying tapes on the disordered pressure points of the Stomach Meridian is better. You can also make use of pressure points on the ears and hands.

I always trace the disordered parts, record the results, and show the patients the size of cancer, tumor, myoma, or polyp. At the next examination, we can find that the size shrank and we can keep track of the process.

### b) Pain

In case of lumbago and shoulder stiffness, you must look into punctum dolorosum, soft tissues, pollution-related pain, deep somatic pain, muscular rigidity, numbness, masked virus, CS syndrome, and occlusion disturbance in the muscular coat with a searching bar.

For instance, I'd like to explain the case in which there is a disturbance in the lumbar part.

Provided that three bars show the trouble, you put one of them on the lumbar. When you do the O-Ring Test with the rest and the Rings stay closed, the one on the lumbar is the most appropriate bar for diagnosis. To the contrary, if the Ring opens in checking with one of the rest, the bar whose Ring opened is the most appropriate one. In this way, after the O-Ring tests, you have to find the most appropriate bar. With the bar, you can find the disordered pressure points and apply the colored tape. But that isn't the end.

In the case of adding to shoulder stiffness, You have to inspect the patient with the rest whether it depends on left or right shoulders.

Only in the case of lumbago, it is sure that there are some corresponding points in the buttocks or the thigh.

In the case of chronic lumbago, the corresponding points of disease are on the lumbar vertebrae. So you should apply the tapes on them.

When the searching bars for both pain and disease show some disturbances, you must check which is stronger and must apply more suitable tapes as indicated above.

If both cases show the same results, you should apply two tapes . Applying doubly is a rare case, because most corresponding points of disease exist on the spinal cord, not around it.

In the view of "Meridian", do the same checkup at "Shenmai"and "Houxi"on "Jijingbamai" which is the circulatory

courses to supplement the energy adjustment.

What is important is the assurance of whether the patient feels pain or not.

Sometimes the patient still feels pain when he behaves the same as before.

Then you should search other parts with more care.

### **c) Genuicular arthritis**

Genuicular arthritis calls for the inspection of tendons, meniscus, anterior cruciate ligament, thigh cartilage, synovial membrane, semitendinosus muscle, meniscus tear, metatarsophalangeal hydrarthrosis, masked virus, and so on. Some cases require the examination of spirochete as well. Then the colored tape is applied on the corresponding pressure points on the knee. Now, let's focus on how to find the appropriate meridian points on the ears.

This is almost the same way as lumbago cases. First, you should put one bar on the ear and do the O-Ring Test with the rest of the bars, then the most effective colored tape can be applied. Do the same at the meridian points on the hands.

In the view of " Jijingbamai ", after applying the tape on "Neiguan" and "Gongsun", you can make use of an optical fiber. Amazingly, the connection between Neiguan " and " Gongsun " with optical fiber alleviates the pain soon. But here you must pay attention to use the optical fiber in two points; if you don't examine the "Ue" on the knees before the fiber treatment, you can't examine them. That means you can't confirm the effect with bars later. In addition, the effect duration depends on the patients, for example, within a week or more than half a month. This method is appropriate for those who can see a doctor once a week.

Some patients feel pain at the back of knees, "Weizhong". In this case, you had better apply the tape on "Houxi" and "Shenmai" in addition to Neiguan and Gongsun

As soon as inflammation around the shoulder joint, you can use the bars for tendon and muscular inflammation. Some people feel their pain disappears as soon as the tape is applied on the meridian points or "Ximue "of Large Intestine Meridian" Dachang "Triple Energizer Meridian" Shoushaoyang " and Small Intestine Meridian" Shoutaiyang" Applying the colored tape on such meridian points minimizes the amount of tape applied on the shoulders.

Regarding numbness, you have only to apply the tape on the pressure points.

It is sure that an immediate effect will appear.

#### **d) Facial paralysis and numbness**

In the case of facial paralysis and numbness, the searching bars for numbness, sense of exhaustion, muscular strength, muscular rigidity, and masked virus will show disturbances. Let me present one specific case. After the operation for left cervical lymph node tumor, a man suffered from left facial paralysis. His orbicularis oculi muscle didn't work, and his oculist recommended that he should suture the eyelid. Because the doctor thought that dust got into his eye frequently and that it would cause various diseases. His left eye was diagnosed to be incurable because of nerve abscission. However, he didn't want to suture it. At that time, he visited my clinic to consult me about his cancer metastasis. So the cure of his eye began. As I hadn't completed the Gene Color yet, I doubly applied the colored tape for numbness and virus. Two months later, his facial paralysis almost recovered, with a slight distortion in the commissure of lips. Though his optic nerve was cut, he could blink. This is an amazing nerve recovery enough to break the common sense of modern medicine, (although there may still be the possibility of nerve "bypass"). I have experienced some cure for facial paralysis, and Color Therapy turns out to be quite effective even in long-suffering paralysis. Thus, I came up with the idea to make great use of the color generated from genes for the cure. Furthermore, after the inspection of nerve growth factors, regenerative gene, NGF, and CNTF with bars, applying layers of tape will contribute to a much earlier recovery from facial paralysis.

#### **e) Parkinson's disease, Alzheimer's disease, epilepsy, hemiplegia, cerebral infarction, cerebral thrombosis, senile dementia**

Regarding these diseases, we can search with bars for cerebral diseases, bridge, dopamine-producing substance, nigra stratum compactum, virus, heavy metal, muscular strength, muscular rigidity, a sense of exhaustion, and numbness. And the genetic searching bars for VGEF, Ntr-3, Bcl-2, Activin, NGF are useful as well.

In terms of psychosis, I paste the tape for schizophrenia on the tape for gene CCK8. And the tape for brain should be applied on the pressure points on the ears with the bar for cerebral diseases. Then the suitable tape should be applied on the "tsubo" on the head after shaving the head.

In the case of cerebral hemorrhage sequela, bleeding parts can be found with the bar for hemostasis.

Concerning Alzheimer's disease, the bars for amyloid $\beta$ protein, nigra stratum compactum, Bcl-2, and dopamine-producing cells are utilized. For numbness, you should apply on the corresponding points on the limbs.

When you use many searching bars, refer to the explanation in b) above.

As to senile dementia, O-Ring Test shows disturbances when you use bars such as hippocampus, dopamine, aluminum, nitro, Bcl-2, mercury, and so on. In serious cases, the disordered spots spread out the head, and the tape should be applied on "Hippocampus" pressure points on the ears. In a month, his emotionless face changes to an expressive face. Generally he recovers enough to talk a little and to live at home near the hospital.

As regards Parkinson's disease, it is essential to cure dysbasia, in addition to Color therapy. Here's the way that I treated a patient who is bothered by dysbasia. At first I made the patient hold a laser-pointer that was emitting a red beam. I directed him to try to walk looking at its tiny red point on the floor. Then he managed to walk in that way. What is more important, the dopamine that hadn't shown so far seemed to have been produced in the brain by watching the laser beam. This will be a significant method as a cure for dysbasia in addition to Color therapy.

I can give you another typical case now. A woman aged 69 was bothered by dysbasia and she staggered to the left when she walked. I held the laser pointer, and directed her to look at the red

point 1m ahead of her feet on the floor. Next I moved the beam ahead. She could walk straight following the beam. This time she held the pointer in a trembling hand. I directed her so that she followed the red point ahead with the pointer. She managed to walk almost normally as the beam directed. At last, she got to walk looking at the pattern of the floor without the beam. This means dopamine was produced by her will. Furthermore, this experiment showed an interesting result; there was quite a difference between the case of applying the coler and not doneso. Off course, she could walk more normally after applying the tape.

#### **f) Allergy**

With regard to allergy and atopy, the effect differs with the individual. Concerning the allergy to cedar pollen, a great effect is evident. However, in terms of atopy, an immediate effect hasn't been found so far. Now I'm investigating the more quick-acting colored tape for geneIgE, Bcl-2, VEGF, ActivinA, and MHC, major histocompatibility complex.

In my opinion, the therapy for atopy needs individuals' colored tape, because I believe that the intermediate frequencies among DNA vary from person to person. So the comprehension about gene information and frequency of individuals is an important key to support the MHC function. When the foreign bodies including virus and bacterium goes into the human body, MHC catches the peptide that is generated by disintegration of the foreign body, and informs T-lymphocyte as an antigen. Then T-lymphocyte increases and produces antibody to attack the antigen.

Further, MHC has something to do with TRH, thyrotropin-releasing hormone. The combination between MHC and other genes will be spotlighted from now on.

#### **g) general physical complaints**

As regards general physical complaints, there are five kinds of colored tapes, which are chiefly effective in autonomic disorder syndrome, for example, anxiety, tightness, choking with uneasiness, head feels heavy, always bothered by a certain point, cryptogenic complaint, and so forth. In the case of menopausal disorders, we need to examine with bar for general physical complaints. And the disorders are also shown on some pressure points such as the ear, precordia, pharynx, the back of shoulder, "Pericardium Meridian", "Triple Energizer Meridian" Sanyinjiao, and "Tanzhong" The searching bars for general physical complaints cover most internal diseases.

#### **h) Occlusion**

Occlusion causes a lot of disorders such as neck and shoulder stiffness, headache, pain of knee joint, and lumbago. I do the O-Ring Test with the patient's mouth closed first from the jaw joint. If the Test shows a disorder, the patient should occlude a piece of 2cm-sized square paper. He immediately gets to move the disordered neck without pain. However, as soon as the colored tape is umoved, the pain comes back. This fact means that the adjustment in jaw joints with less than 1mm-thick paper cures various diseases. Though actual adjustment is in charge of a dentist, applying the tape on the jaw joint contributes to removing the pain and avoiding a bad influence in jaw joint. But the immediate effect can't be expected, compared to occluding a piece of paper. Quick effect requires applying tape on the jaw joint and the corresponding "Ue".

#### **i) Osteoporosis, gout, iron deficiency anemia**

Regarding osteoporosis, gout, and iron deficiency anemia, you should apply the colored tape on the meridian points from the spinal cord 1 to the sacred bone. Besides, applying tape on the corresponding "Ue" for pain makes it more effective.

## **j) Headache**

Headache is one of the most curable diseases in Color Therapy. The most popular method is applying on the pressure points on the ears. If the immediate effect within one minute is required, you should bind the tape for cerebral diseases around the middle fingernail. For instance, for left migraine on the left side, for the top headache, at the tip, for the pain of whole head, wrap the fingernail, respectively.

## **k) Cancer**

At first, you should examine the situation of the cancer with the searching bars named "Cancer" and "Cancer2" like a case of "Aura".

Imagine the size of cancer. Next, with bars, you should inspect the desmosome kinase that functions to allow cancer cells to proliferate, and imagine the size of the parts that kinase works. The size of the kinase usually doubles that of cancer. Then you should confirm whether it is real cancer by three examinations as followed.

When the examination is conducted with bars for saccharic chain and telomere, disturbances are shown at the cancer, but aren't shown outside of the cancer. The inspection with bars for thromboxane B2 shows there is desmosome kinase outside. Furthermore, as a result of the investigation with the bars for P53, P53 doesn't appear outside. Now you can confirm that is the very cancer.

Concerning the colored tape, you should apply the tape for Bcl-2 so called apoptosis, VEGF, Activin A, and Fibronectin, in addition to the tape for cancer.

In view of genes, you must confirm the cancer's situation with bars for SV40T, and apply the appropriate colored tape.

This treatment eliminates malignant choriocarcinoma, in rare cases (only 50 cases in the world.) I am amazed by the great power of this therapy again.

## **l) Gynecological diseases**

Regarding gynecological diseases, disturbances are indicated on "Liver Meridian" and "Chongmai" The searching bar for gynecological diseases should be used.

The size of fibroid shrinks by half in two months with this therapy.

In the case of perverted hemorrhage, applying tape stops the bleeding in a day and the bleeding part recovers soon.

Color therapy is amazingly effective in sterility as well.

Regarding such diseases, you should apply the tape for " Chongmai " on "Sanyinjiao"and tape for "Liver Meridian" on "Jiexi" and "Gongmai".

## **3•Genes**

**In terms of genes described above, please see "Gene with the searching bars and utilization method" in detail. Here are the brief notes about the technical terms.**

**NGF:** nerve growth factor

**CNTF:** ciliary neurotrophic factor

**VEGF:** vascular endothelial growth factor

**Ntr-3:** neurotrophic factor, regeneration

**CD8:** it combines with killer T cells, immunoglobulin, and MHC molecule to raise the antigen recognition capacity. And it functions to transmit intracellular signals.

**Bcl-2:** cellular death, apoptosis.

**Activin:** it functions to control the cellular differentiation, regeneration, and proliferation of the erythroblast precursor cell. promotes the physiologic activity such as hemoglobin synthesis and insulin secretion.

**Fibronectin:** protein that exists in the adhesive parts between the cells, blood, amniotic fluid, and other body fluids. When the cells have troubles, Fibronectin decreases or disappears. Deprivation of glycoprotein causes the peculiarity and metastasis of cancer cells.

**IgE:** it is related to immunoglobulin and allergic reaction.

**IgA:** it is linked to immunoglobulin and nephrosis, and it is essential for newborn babies to protect infection.

**IL-4 RNA:** it is connected with immunoglobulin , interleukin, and nephrosis.

**SV40T:** one of the capsid proteins. It combines with antioncogene P53.

**PMP22:** it causes genetic myelinopathy. It is characterized by the layered membranes surrounding axon, and helps the excitation as an insulator. It is related to encephalitis.

**CCK8:** cholecystokinin. It is a kind of neurotransmitter, and is linked to schizophrenia.

**MHC:** Major Histocompatibility Complex.

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In conclusion, let me add some caution on applying the tape. The colored tape should be cut in 1 or 2mm-sized squares. And you must be careful to avoid dermatitis caused by tape.

Concerning the space between tapes, some diseases allow the tape to be applied at 1cm intervals. In this case, you must be sure that there is no disturbance in the space between the tape with bars. Other diseases don't allow the tape to be applied more than 1mm apart from the next tape. Especially for the spread of cancer, a number of tape is required to be applied at least for a month.

I use "Cathereep" by Nichiban on the abdomen and on the parts that the tape can be peeled off easily. "Cathereep" seems to be favorable to avoid dermatitis and to maintain the tape more than for a month.

For people with dermatitis, however, you should apply the tape for allergy on the pressure points on the ears, or on the sole and both sides of the feet.

Sometimes phantom phenomenon occurs when the O-Ring Test goes on successively. Discharge this by patting the hands.

In terms of intracutaneous acupuncture, applying the No.1-colored tape is much more effective than intracutaneous acupuncture.

Based on the manual described above, you can treat individuals' diseases.

It is I hoped that both this diagnosis and Color therapy become a great contributor to the cure of diseases.